



TOURNAMENT TRAINING

- ▶ **Develop tennis skills**
- ▶ **Learn the importance of goal setting & sportsmanship**
- ▶ **Developed by our professional tennis staff**

WEEKLY SCHEDULE

DAY	TIME
Monday	5 - 6:30 pm
Tuesday	4 - 5:30 pm
Wednesday	4 - 5:30 pm
Friday	4 - 5:30 pm

JR MEMBER RATE

NON-MEMBER RATE

\$30/day

\$40/day



Technique, strategy, mental toughness and fitness are all focuses of our Tournament Training Program to become an elite competitive player.

Please Note:

1. Program eligibility is determined & monitored by the tennis instructors.
2. Ability and age are determining factors for enrollment in the program.
3. There are no make ups for missed classes; no credits or refunds will be given.



----- COMPLETE AND RETURN TO FRONT DESK -----

FALL 2011 Tournament Training Program

JR Member (circle one): Yes No

Name _____ Age _____ Phone _____

Address _____

City _____ State _____ Zip _____

Email _____

Waiver and Release:

I give approval for my child's participation in the Tournament Training Program. I assume all risks and hazards incidental to his/her participation in Junior Program activities. I hereby waive, release, absolve, indemnify and agree to hold harmless the Lakeville Athletic Club and its representatives for injuries, damages or losses.

Parent/Guardian Signature _____ Date _____